

# Stock market chaos part II: What should you do?

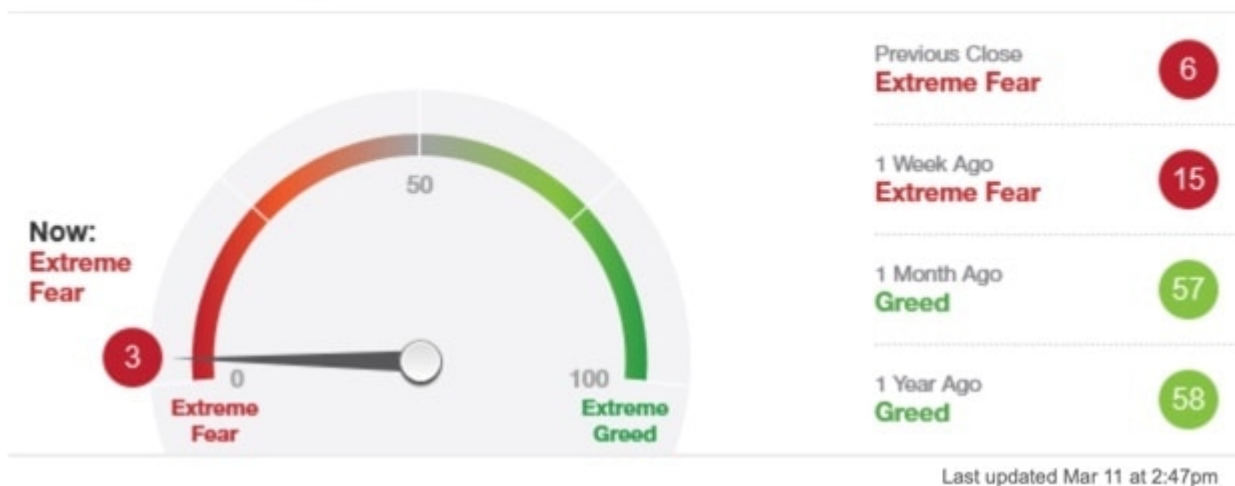
Earlier this week we sent out a letter to our clients discussing the market chaos that is occurring. Well, the chaos has continued! The market as it stands today is down 20% off its highs.

Warren Buffett famously said, *“it wise to be fearful when others are greedy and greedy when others are fearful.”*

Fear right now in the market is approaching 2008 levels. The CNN Fear and Greed index (shown below) is at a level of “extreme fear.” So how do you actually go about doing what Warren Buffett famously said?

## Fear & Greed Index

What emotion is driving the market now?



In today's podcast we address the fear that many are feeling right now. We address the idea of moving into cash and selling your stocks and why that strategy isn't a successful one.

We then discuss several things that people should consider right now, including refinancing a mortgage, reviewing and adjusting a 401k, putting cash to work, and much more.

We hope this information is useful and helps you understand that volatility in the market provides an opportunity.

Here's to wise investing,

Brian, Brett and the Iron Gate Team

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