

The reality of today's battle

The market has fallen 30% from its highs in only 27 days. The country is shutting down and isolating itself.

The pain, fear, and emotions that our country is going through is real and hard. We all know that investing is a marathon not a sprint. But the pain and fear within that marathon has us all asking...

What do we do now?

- Should we sell our stocks?
- Should we buy gold?
- Should we quit?
- Should we keep going?

In today's podcast we are joined by our friend and colleague Jed DeVries. He shares his insights of going through difficult times during real ultra-marathons.

The heartache, the fear, the wanting to quit, the actual quitting and the actual finishing and joy that comes from it are the topics of the today's podcast.

If there was a podcast to listen to at a perfect time to listen to it, it is today's. Let Jed's experiences motivate you to know there is joy in the journey, despite the pain we feel along the way.

Please take the time out of your day to listen to this important podcast.

Here's to wise investing,

Jed, Brett and the Iron Gate Family

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